

What's for lunch?

Week 1

Weeks starting: 6th, 20th Sept
4th, 18th Oct • 1st, 15th, 29th Nov
13th Dec • 3rd, 17th, 31st Jan • 14th, 28th Feb
14th, 28th Mar

Around the World Monday

Chicken Curry (7) served with vegetable rice & mini naan bread (2,4,7,13,14)
Vegetarian option – Pasta (2,7) in tomato sauce
Chocolate berry sponge cake (2,4,7,13) served with custard (2,4,7,13,14)

School Favourites Tuesday

Toad (1,2,9,13) in the hole (2,4,7) served with mashed potato (2,7,14), seasonal vegetables & gravy
Vegetarian Option – Vegetarian toad in the hole (2,4,7) served with mashed potato (2,7,14), seasonal vegetables & gravy
Wellington Sponge cake (2,4,7,13) served with custard (2,4,7,13,14)

Wednesday

Homemade cheese (7) and tomato pizza (2,4,7,13) served with curly fries (2) and baked beans
Vegetarian Option – As above
Fruit flapjack (2,7) served with custard (2,4,7,13,14)

Roast Thursday

Roast turkey, Yorkshire pudding (2,4,7), roast potatoes (14), seasonal vegetables & gravy
Vegetarian Option – Vegetarian sausage (13) served with Yorkshire pudding (2,4,7), roast potatoes (14), seasonal vegetables & gravy
Coconut jam slice (2,4,7)

Fishy Friday

Fish (2,5,9) & chips served with peas, mushy peas or beans, bread (2) & butter (7)
Vegetarian Option – Vegetable nuggets (2) served with chips, peas or beans, bread (2) & butter (7)
Cooks mixture of Friday treats (2,4,7,13,14)

Week 2

Weeks starting: 13th, 27th Sept
11th Oct • 8th, 22nd Nov
6th Dec • 10th, 24th Jan • 7th Feb
7th, 21st Mar • 4th April

Meatballs (2) served with tomato pasta (2,7), seasonal vegetables and homemade garlic bread (2,4,7,13,14)
Vegetarian option – Vegetarian Meatballs (13) served with tomato pasta (2,7), seasonal vegetables and homemade garlic bread (2,4,7,13,14)

Treacle Sponge (2,4,7,13) served with custard (2,4,7,13,14)

Meat pie (2,4,7) served with mashed potato (2,7,14), carrots, broccoli & gravy

Vegetarian Option – Vegetable pie (2,4,7) served with mashed potato (2,7,14), carrots, broccoli & gravy
Chocolate shortcake (2,7,13) served with custard (2,4,7,13,14)

Lasagne (2,4,7) served with garlic bread (2,4,7,13,14) and seasonal vegetables

Vegetarian Option – Vegetable Lasagne (2,4,7) served with garlic bread (2,4,7,13,14) and seasonal vegetables

Raspberry swirl cake (2,4,7,13) served with custard (2,4,7,13,14)

Roast chicken, Yorkshire pudding (2,4,7), roast potatoes (14), seasonal vegetables & gravy

Vegetarian Option – Vegetarian sausage (13) served with stuffing (2), roast potatoes (14), seasonal vegetables & gravy
Ice cream (7)

Fish (2,5,9) & chips served with peas, mushy peas or beans, bread (2) & butter (7)
Vegetarian Option – Vegetable nuggets (2) served with chips, peas or beans, bread (2) & butter (7)
Cooks mixture of Friday treats (2,4,7,13,14)

Also available daily

Deli Bar (2,4,7,9)

Homemade bread (2,4,7,13)

Jacket potato with a choice of filling: beans, cheese (7) or tuna mayo (4,5,7,9)

Assorted sandwiches in bread (2) or wrap (2): ham, cheese (7) or tuna mayo (4,5,7,9)

Desserts: Fresh fruit salad, yoghurt (7), jelly, cheese (7) & crackers (2,7)

Drinks: Water, milk (7) or Juice (14)

Key



1 Celery



2 Cereals containing gluten



3 Crustaceans



4 Eggs



5 Fish



6 Lupin



7 Milk



8 Molluscs



9 Mustard



10 Nuts



11 Peanuts



12 Sesame Seeds



13 Soya



14 Sulphur Dioxide (also known as sulphites)